

Lower your fear barrier and the chance of injuries while practising beam exercises at home, in your garden or gym! Thanks to the 10 cm wide and 2.5 mm thick center line, gymnasts feel the edge of the beam, enabling them to focus on their landings.

The total width of the AirBeam is 40 cm, which is wide enough to land next to the beam without spraining an ankle. The AirBeam comes in lengths of 3 m and 5 m and is available in pink and blue.











