

## BALANCING HANDLES

- ❑ For muscle-development exercises
- ❑ Helps gymnasts to improve planche to handstands.
- ❑ Ideal for training certain elements on the parallel bars
- ❑ The spacing can be adjusted depending on gymnasts and exercises.
- ❑ Easily to store and transport
- ❑ Ideal diameter for handling
- ❑ Essential to all gym hall



## TECHNICAL FEATURES

- Wooden
- Diameter = 39 mm

### Two models available

- **Ref. 3985** - Length = 40 cm
- **Ref. 3987** - Length = 80 cm

