

060 Gymleco Gluteus Rotation

010 series, Plate Loaded



This Gymleco machine is a traditional exercise movement for gluteus. The movement is long and activates the gluteus maximus.

Body position is upright. The user stands comfortably on one leg with substantial chest support and the help of a proper handle. One side is trained at a time.

- Standard frame color: Black
- Standard cushion color: Black or Red
- Long operating range
- 1 weight hangers included
- Easy to set up.

Lenght	Width	Height	Weight
126 cm	119 cm	133 cm	112,5 kg