

Bluetooth APP manual



Software Download

- **Android users:**

Enter the Huawei/Xiaomi App Store or Tencent App Store, search for "GX Timer" to download and install the Chinese version of the mobile APP; Enter Google play and search for "GX Timer" to download and install the English version of the mobile APP; (Please look for this icon )

- **IOS users:**

Enter APP Store and search for "GanXin Timing" to download and install the Chinese version of the mobile APP; search for "GX Timer" to download and install the English version of the mobile APP. (Please look for this icon )

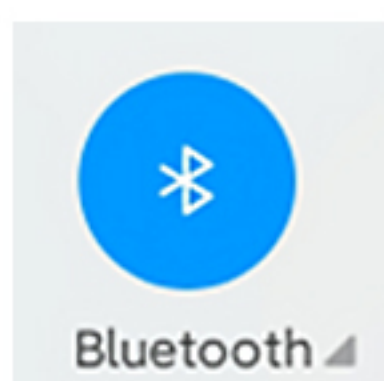
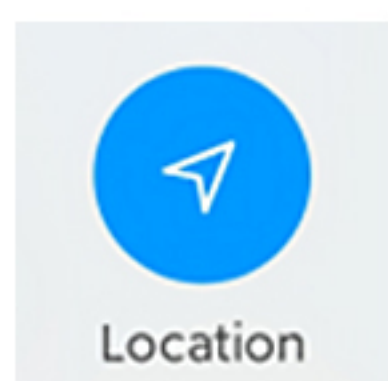


Scan the code to
download the mobile APP

Bluetooth Connect instructions

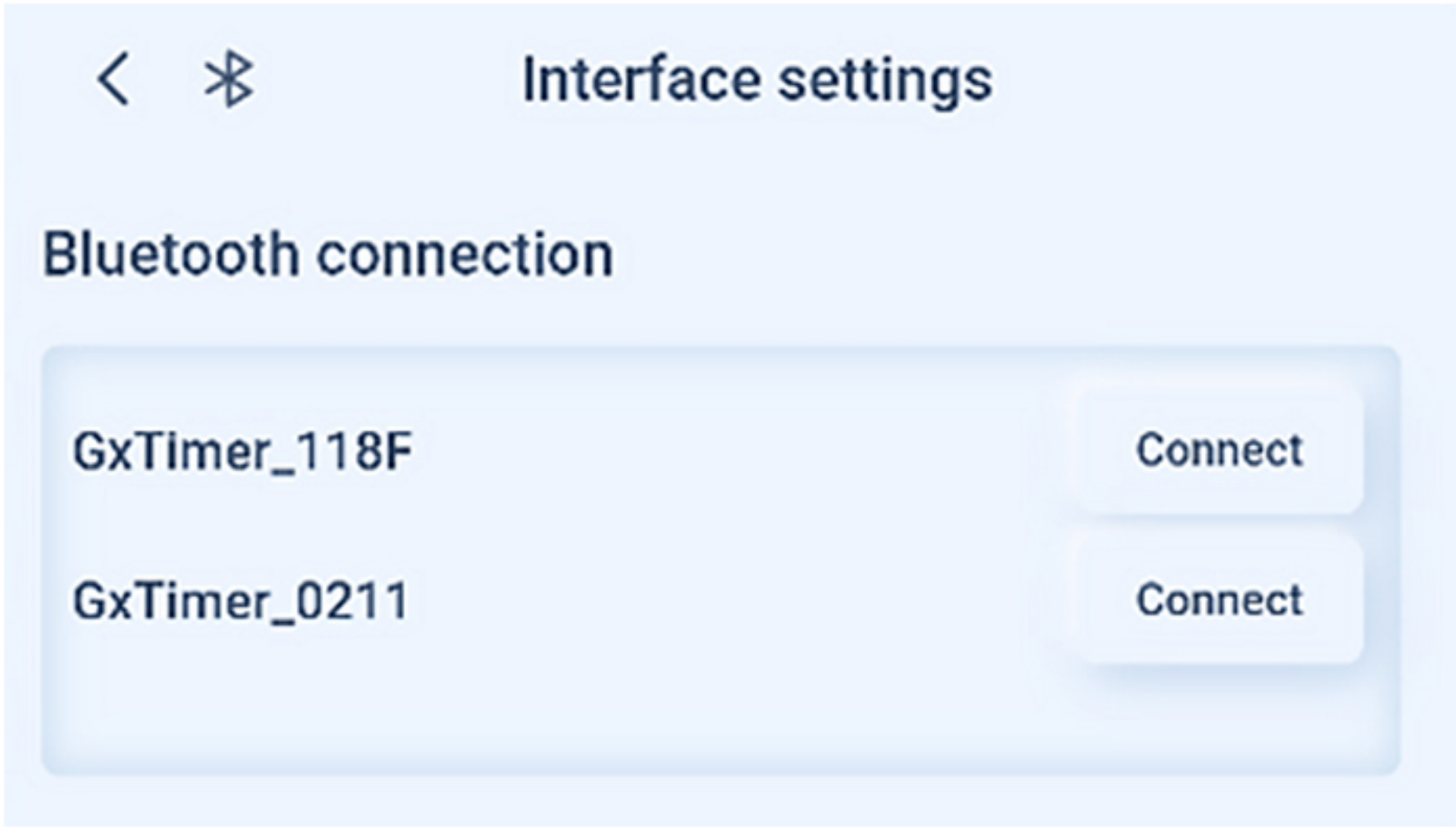
- **Bluetooth connecting:**

- (1) Ensure the clock is powered on or in charging;
- (2) Turns on the Bluetooth and position functions.



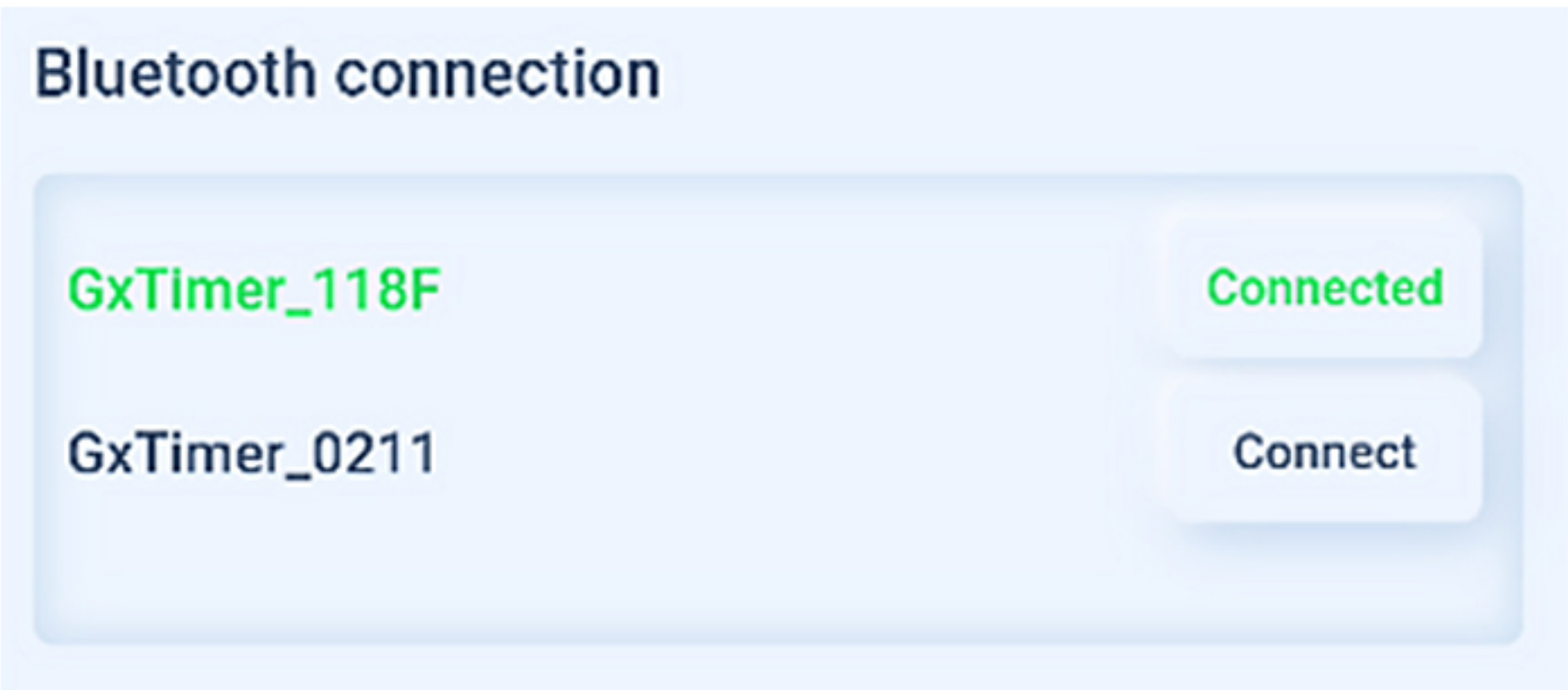
• **Bluetooth APP setting:**

(1)Open the "GX Timer" APP, click “⚙”



In the Bluetooth connection interface, you can see the scanned Bluetooth (Bluetooth name format: GxTimer_+4 random letters or numbers). For example: Bluetooth name: GxTimer_118F,as shown in the figure above.

(2) On the Bluetooth interface, pull down to search for Bluetooth, and click "Connect" to connect to the Bluetooth. When the connection is successful, the interface displays "Connected"of green color, which means that the APP can control the product.



Timer Status Setting

(1) Brightness adjustment (1--5), for devices with the function of brightness adjustment, click 1--5 to adjust the brightness (1 is the darkest and 5 is the brightest)



Note: Q20mini does not have this function

(2) Sound adjustment (0--2), for devices with sound adjustment function, click 0--2 to adjust the sound (0-mute 2-loudest)



Q20 mini sound adjust level 0-1 ; Q20 sound adjust level 0-2

(3) Preparation time (default 10 seconds), click to change (0--99 seconds)

Preparation time:

10

s

Note: A system pre-countdown time option for all of the countdown/ count up modes. (e.g. set 10s, there will be 10s pre-countdown before a function mode really start)

(4) Training time (default 5 seconds), click to change (0--99 seconds)

Training time:

5

s

(5) Rest time (default 3 seconds), click to change (0--99 seconds)

Rest time:

3

s

Note: A system beep indication option for WRC mode (e.g. set trainging time 3s, rest time 3s, then 3 beeps should be sound at the last 3s before a workout/rest time finished)

(6) Time format: “24 Hours Clock” means 24Hrs format,as for “12 Hours Clock” means 12Hrs format ,click to switch between two format

Time format:

24 Hours Clock

▼

(7) Synchronised time: App will display the same "time data" as the clock shows

synchronised time:

Synchronize

(8) Data initialization:when click the “data initialize” ,it will pop up a prompt, then click on the “Confirm” to initialize the timer data.

Data initialize:

Initialize

Prompt

Are you sure about initialization?

Cancel Confirm

Button Description

CLOCK

UP

DOWN

STOPWATCH

On/off

Remote control mode

STOPWATCH

 Stopwatch mode

Clock mode

UP

 Count-up mode

DOWN

 Countdown mode

(1) Clock mode:

Enter the clock mode, the timer will synchronize the APP time

(2)Count up/countdown/stopwatch mode :

Count up : setting the "total time" as a maximum value ,
e.g.00:10(MM:SS) means 10seconds ,press "Start" for countup
from 00:00 to 00:10.

Countdown :setting the "total time" as a maximum value ,
e.g.00:10(MM:SS) means 10seconds ,press "Start" for countdown
from 00:10 to 00:00

Stopwatch:press"Start"for count up from 00:00:00 to maximum
99:59:99. **To turn off the "preparation time", you need to set the preparation time
to 0 in the "Timer Status Setting"*



Standard 8 Modes Description

• 8 standard training modes

Note: Once the 8 standard modes re-edited by app, the timer will remember the new data edited, and the default data will be covered . *Once a new device connected to the timer, the programs will default to be the app original data. *The rest time of the last cycle will not work.



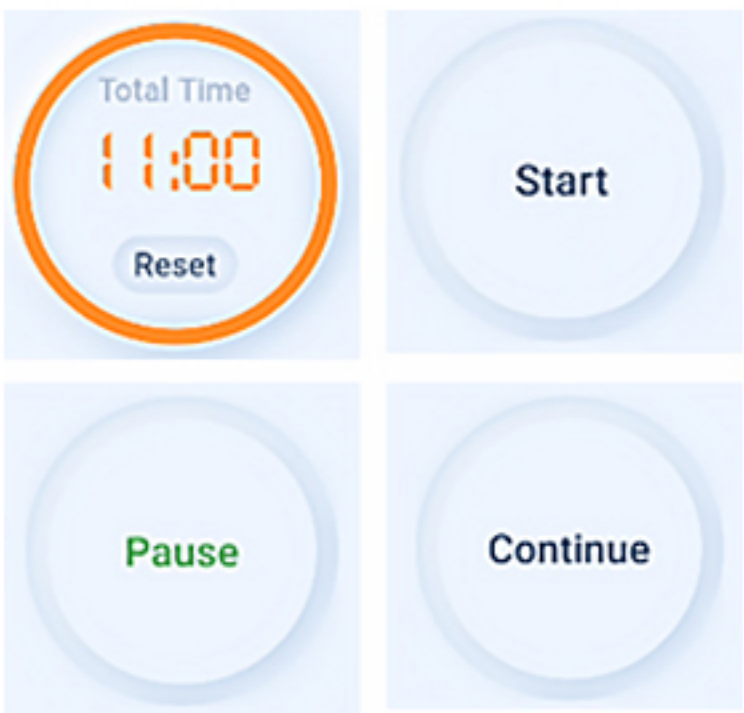
- MIIT 99 Cycle - Train time 1:00 - Rest time 1:00
- HIIT 99 Cycle - Train time 0:30 - Rest time 0:30
- TABATA 8 Cycle - Train time 0:20 - Rest time 0:10
- WRC 99 Cycle - Train time 3:00 - Rest time 1:00
- EMOM1 17 Cycle - Train time 1:00 - Rest time 0:00
- EMOM2 17 Cycle - Train time 1:30 - Rest time 1:00
- FGB1 5 Cycle - Train time 5:00 - Rest time 1:00
- FGB2 3 Cycle - Train time 5:00 - Rest time 1:00

• Interface description

Cycle: 99 Cycles

Rest Time: 01:00 Rest time

Train Time: 01:00 Training time



- Reset--click to reset to the start value
- Start --click to start time counting
- Pause --click to pause
- Continue --click to continue time counting

Customized modes Description

10 customized training modes >>

• Interface description:



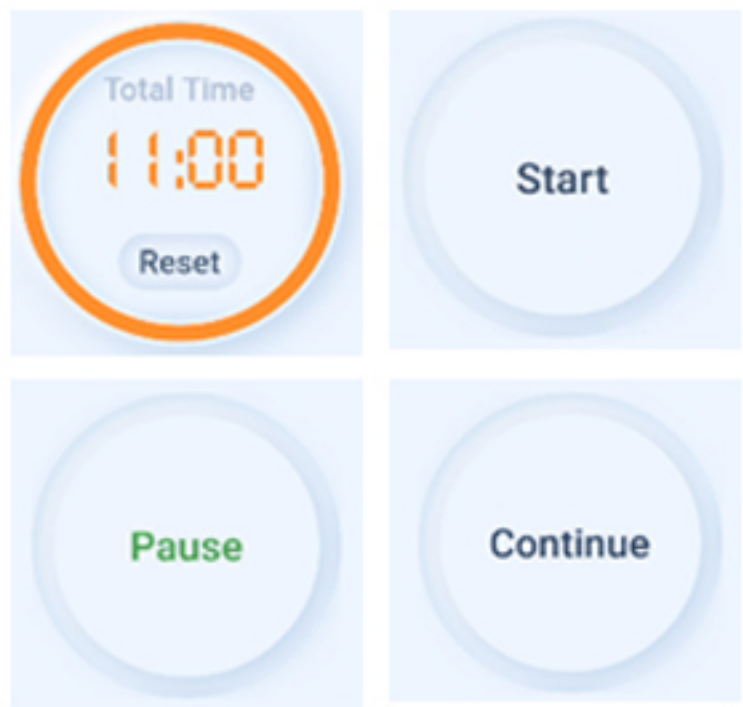
Cycle: 01 Number of cycles: click to change(01--99)

1 Train Time 05:00 Rest Time 01:00

Training time and rest time of the first group, click 05:00 to modify the training time, click 01:00 to modify the rest time

2 Train Time 05:00 Rest Time 01:00 -

Training time and rest time of the second group.



- "Save" :Saves the current data for both app and timer.
- Reset--click to reset to the start value
- Start --click to start time counting
- Pause --click to pause
- Continue --click to continue time counting

- + Add one group of training time and rest time (up to 9 groups)
- Delete one group of training time and rest time.